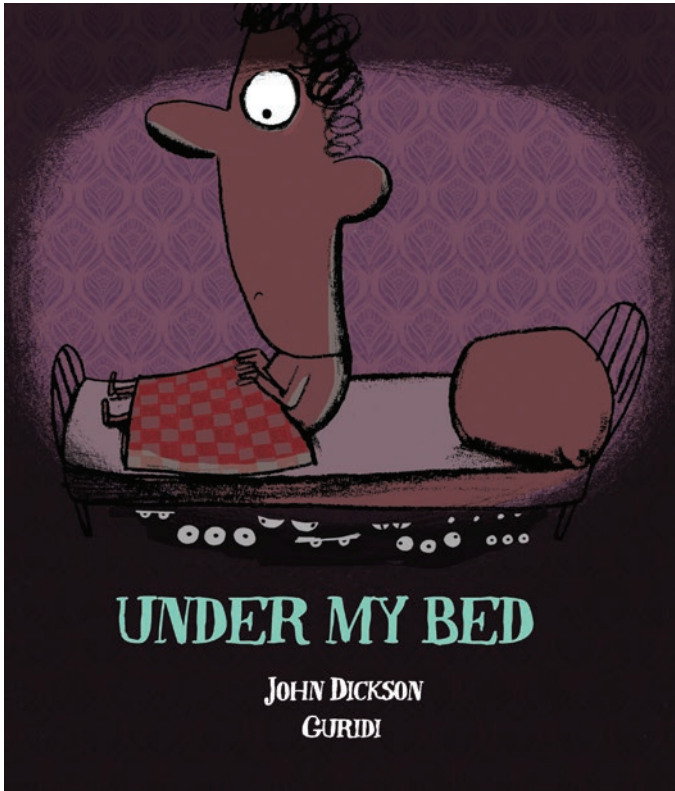


Teachers' notes for **Under My Bed**



ABOUT THE BOOK

SYNOPSIS

It's bedtime when monsters come out in search of food. With all that noise and those strange smells, sleeping is out of the question. So how can the monsters be stopped from ruining a good night's sleep when it's annual Monster Day and they just want to celebrate? Maybe it's time to join them.

THEMES

- Fear and anxiety
- Courage
- Resilience

Title:	Under My Bed
Author/ Illustrator:	John Dickson / Guridi
ISBN:	9780994384133

AUTHOR

John Dickson is an experienced and successful journalist, copywriter, illustrator and graphic designer. In 2015 he embarked on a new career as a children's book author/illustrator with his first picture book, *Have you met Scribble?*

ILLUSTRATOR

Guridi is a graduate from the Faculty of Fine Arts, Seville, and has worked for many years in advertising and multimedia.

Since 2010, Guridi is one of Spain's most recognised children's book illustrators and has currently published more than twenty picture books.

In 2018, Guridi received a Special Mention for the Bologna Ragazzi award for best picture book.

Teachers' notes for Under My Bed

FOR THE CLASSROOM

DISCUSSION / ACTIVITY QUESTIONS

- Make a list of or discuss some of the things the class is scared of.
- Teacher to list the most common fears. This will help students realise they are not alone in their fears.
- Discuss why they make you scared.
- Are these scary things likely to happen? How might we prevent them from happening?
- Make a list of some of the things that make us feel safe.
- Draw a picture: on one half of the page draw something you are scared of; on the other half draw how you can make that fear go away.
- What is something your friend is scared of that you are not?
- Why do you think it scares them, but doesn't scare you?
- What would you do to help them not be scared?



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